

Ep #24: Success Is a System, Not a Secret



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With Your Host

Dr. Tangie

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You're listening to episode 24 of *The Wealthy Happy Soul Podcast*
Success Is a System, not a secret.

Welcome to *The Wealthy Happy Soul Podcast*, a show for high achievers who are ready to start enjoying the life they've worked so hard to create. Join me, your host and certified life coach Dr. Tangie, to learn how to start infusing the dedication you have for your career into living a truly fulfilling life. If you're ready to finally gain the happiness your soul has been longing for, this podcast is for you.

Hello everybody. Welcome to episode 24. I'm so happy you are here. I wanted to do something for the next several episodes that's a little bit different. I am actually sharing with you a series that I created for a nonprofit that a friend of mine is involved in. That series is called the Mindset of Success.

I thought it would be nice to share on the podcast because I receive emails quite often from people who tell me that they want to be successful, but they're not quite there yet. They want to know how. They want to do it right. I know a lot of my listeners have not reached a level where they truly deem themselves successful. I think it's also helpful for people who probably have attained success but maybe feel like they get stuck in imposter syndrome or they didn't do it right and they're trying to realign it. I am just really going to be sharing with you what I shared with that audience. I hope you enjoy.

"Success is a system, not a secret. There are no secrets to success. It is the result of preparation, hard work, and learning from failure." This was a quote by Colin Powell. Most people think that there is some sort of secret to being successful, but really there is no secret to success. Success is all about having a system for applying common principles to your life. It is not rocket science, but it's more like a recipe for baking a cake or making a delicious entre.

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You simply have to have the ingredients of discipline, commitment, persistence, and a willingness to perform fundamental tasks, a willingness to sacrifice the lesser for the great, and the aptitude for apply basic principles over and over and over again until you get the result that you want. Success, it is far from glamorous and it certainly isn't always fun, but the world will reward you for the execution of your ideas and not for your dreams alone. Although dreaming big and wonderful dreams is a great place to start. Just keep in mind that dreams alone will not get you to your final destination.

Also keep in mind that your success may not happen in exactly the same way as your role model's success or your friend's success. More than likely, it will have the same underlying themes of discipline, commitment, sacrifice, and persistence. Since the world is everchanging and evolving, the roots in which you use to become successful, they may change as well.

Success comes to those who are willing to commit day after day and keep their eyes on the ball even when excitement and passion fade into the background or go away all together and morph into frustration and disappointment.

An additional attribute to successful people is that they are more than willing to invest in themselves in order to improve their skills. They will carve out time specifically dedicated to making their dreams come true even when it appears that they don't have much time at all. Successful people tend to seek out and participate in masterminds or groups of likeminded people. They hire life and career coaches.

They take courses and attend relevant workshops in order to get themselves to the next level. They really don't care what anyone else has to say or think about it either. They know that self-investments are the best investments that you can make because they give you a platform to develop your gifts so that you can serve other people better.

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Ironically, most people believe that there is no reason to learn anything new after they complete their high school or college education. But if you want to achieve success, you must always continue to grow. I recently read an article that the average American reads only two non-fiction books once they have finished school. If that statement is true, then I really feel sorrow for the future of our country.

Compare this to somebody like Bill Gates who, as reported by Business Insider reads approximately 50 books a year. Yet people will wonder how is it that he got so lucky. I'm putting my lucky in air quotation marks because people like to say people got lucky a lot of the time. This doesn't sound much like luck to me. I think the better question would be how did he become so driven, purposeful, ambitious, and inquiring? All of these qualities have attributed to his success more than luck.

It's not just Bill Gates. Like Bill Gates and other successful people, any person desiring more success should thrive to learn more and be more curious about the world and the problems that people really need to be solved. Even with my own terminal degree and board certifications and life coach certifications, I see education as a lifelong process. I'm actually starting a new certification this month with the conscious leadership group, and I'm very excited about that.

I do this because I'm often asking myself how can I implement continuous learning into my own life so that I can better serve people. If you don't really have a lot of money to make these extra investments in your own learning and growth, often I find that the cheapest and easiest way to implement this is you really want to be inspired to learn new skills is simple. You're doing it right now. You can listen to podcasts. There are literally millions of podcasts, other than mine, that are readily available, and they are free for you. A lot of people give a lot of value on their podcasts.

You can find a podcast on nearly every subject that your brain can think of. If you can't, then you should be the one to create it. Also there are internet spaces like Kahn Academy that offer courses online for free. I personally

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love, and this is not a sponsored podcast episode, but Udemy. Udemy is a great place to get plenty of courses for under \$20. If you ask me, there is literally no excuse for not being able to invest in your personal and professional growth. There are plenty of resources.

Listening to a podcast the other day, I heard somebody say something really profound. What they said is that your income is directly correlated to how much you invest towards your own personal development. I'm not sure where they got this statistic or this principle from, but it totally makes sense to me. It has proven true in my own life.

So my advice for anyone who wants to create success is to develop and follow a system that includes discipline, commitment, persistence, sacrifice, self-investment, lifelong learning. You are sure to find success and your destiny along the way. Have a beautiful week.

Hey, want to learn exactly how to overcome all the obstacles that are keeping you from having both success and happiness? Well, sign up for The Wealthy Happy Soul Project so that you can begin creating the life you really want to live. This is perfect for you if you don't want to waste another year swimming in indecision while watching other people just get over themselves and do the things that you have been dreaming about.

There are so many people even during a worldwide pandemic who have started their business anyway, who have doubled their income anyway, and who have switched careers anyways. Isn't it your turn? Go to drtangie.com, click on the yellow course button, and sign up now.

Thank you for listening to *The Wealthy Happy Soul Podcast*. If you want to dive deeper into alignment and start cultivating your inner wealth, head on over to drtangie.com.